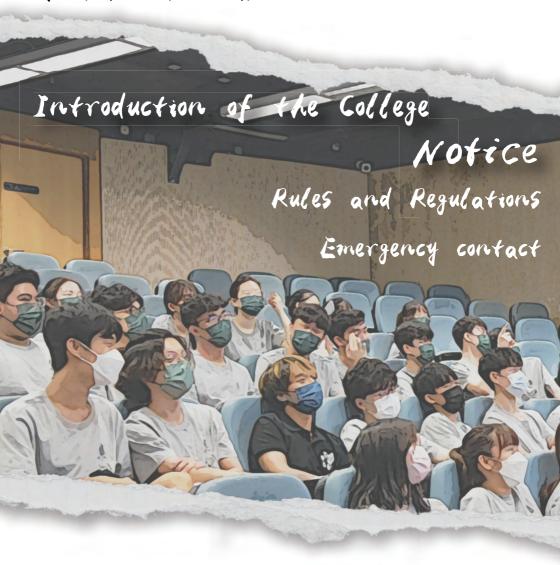


Prologue

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The "Orientation Day Camp" will take place from August 29 to August 31. It is organized by our college students. Students will discuss topics about studying and Unirersity life, and share their experiences and insights.

On the other hand, the "Inauguration Ceremony for New Students 2022" will be held on August 29, the first day of our Orientation Day Camp. I will introduce to you this big Chung Chi family and some of our staff and faculty members. It is hoped that you will have a brief idea of the College life afterwards.

I wish every one of you will join these Orientation activities, and better prepare yourself before your life at University Starts!

My heartfelt welcome to you, chung chi people!

Fong Wing Ping Head, Chung Chi College The Chinese University of Hong Kong



To all Chung Chi freshmen:

Hello! I am the President of this year's Chung Chi Orientation camp, akabig OP, Ah Sin! Welcome to join our Chung Chi family! I am glad that our college can have some new faces who are full of ritality. Bringing a new atmosphere to our Chung Chi campus.

During this period of time, we all know that it is difficult to live with non-stop epidemics. In Chinese, the adage "one wave has not settled, and another wave has arisen" would be the best to describe the situation. After the heavy public exam, we should have gone traveling, played, and relaxed. Unfortunately, the epidemic has left us no choice, we only could stay at home with nothing to do.

The Ocamp theme this year is "Reignite". Besides bringing back the prosperity of Chung Chi we had before the epidemic, we also want everyone to put their aspirations into practice. During this challenging period of the epidemic, many dreams have been hindered by the epidemic and cannot be realized. What exactly does the dream mean to you? It's time to face your destiny! In our Chung Chi Ocamp, we will bring you all a new beginning. Not only a new beginning for your university life but also a new beginning after you have been through the epidemic. Awaken everyone's forgotten dreams and give everyone the motivation to achieve a better self.

Although we were not able to bring you the traditional four-day orientation camp this year, which is a situation that we are not happy to see, but our executive committee members have worked their best to prepare for this three-day camp. In the Ocamp, we will have a rariety of activities for everyone to play. Hoping that all of you can meet some new friends and know more about your own self.

You may ask, why Chung Chi Ocamp is different from other colleges. I would say all Chung Chi students can be so proud to answer you: we are not only an activity for you to play but also an experience that allows you to achieve a better self. In our Ocamp, we will have a special part - the Main Theme. We hope that through the Ocamp, we can build a bridge between Chung Chi-ers and inspire you to settle your difficulties. The word "university" will no longer be unfamiliar. Our Ocamp will make you adapt to this foreign enrironment and flourish your university life.

I hope you all understand that we are trying our best to prepare for this event despite many restrictions and difficulties. Our three departments, Training, Entertainment and Promotion, and Internal Affairs, have been preparing for you for a few months, just want you to know that the support from Chung Chi. Moreover, please help me to take care of our ocamp student helpers. Support their hard work that has paid for the whole summer holiday. As long as you are getting involved in our activities, we will be very delighted and satisfied already.

Finally, I wish everyone "peace in the chaos". Take good care of your health and hope to see you on campus soon. May we appreciate the great things in the bad time.

President

Ah Sin

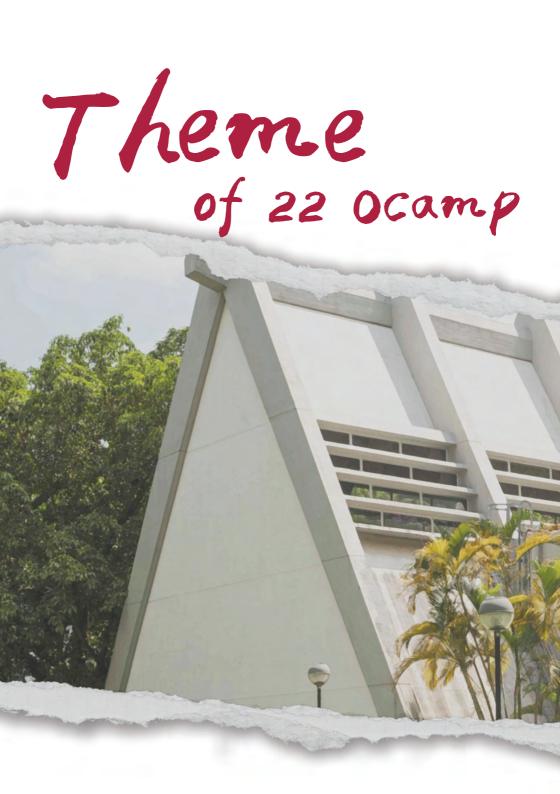
### Editor's note

Dear Freshmen,

Welcome all of you here in Chung Chi, this means you have started a new chapter of your life after those busy high school years.

I'm sure you all have once dreamed of being the "cool kids" and having the "Perfect Uni Life". But remember, there's no benchmark on how your uni life should be like. Living your ideal uni life doesn't mean you have to go with a flow that you feel uncomfortable with Stick with your own pace, then you'll figure it out eventually.

Although things are still restricted in all kinds of ways, we're really lucky to still get the chance to organize such a whole orientation event. Again, welcome to Chung Chi and we shall see you in CU!





# Introduction





### Chung Chi College history

Chung Chi College was founded in October 1951 by the representatives of Protestant Churches in Hong Kong to fill the need for a local institution of higher learning that would be both Chinese and Christian. In 1955 it was formally incorporated under an ordinance of the Hong Kong Government.

The College had a very modest beginning with only 63 students in the first year. It used borrowed and rented premises, first in the Cathedral Hall and St. Paul's Co-educational College on Hong Kong Island, and later on at No. 147 Caine Road and in the Bishop Hoare Memorial Building on Lower Albert Road. Empansion was made possible by financial help from North America through the United Board for Christian Higher Education in Asia and the Trustees of Linguan University, and from Britain through the Asia Christian Colleges Association. Local churches, firms and private individuals also gave considerable support. In 1956 the College moved to its permanent site in the New Territories, in the beautiful Ma Liu Shui Valley. In 1963 the College was incorporated as one of the three founding colleges of The Chinese University of Hong Kong.



Aims

The College aims to provide higher education in accordance with Christian traditions, using the Chinese language as the primary medium of instruction. It seeks to promote Christian faith, learning and research



### College emblem

Drawn from the Nestorian Stele in the Tang Dynasty, 8th century, the emblem design consists of a Nestorian Cross with a flame standing upon a lotus amidst a dense cloud. The cross, the flame and the lotus symbolize the Christ's life, a light in the darkness, and his holiness respectively, while the dense cloud heaven. The pattern has strong implications in Christianity in the East, and integrates Chinese and Western cultures. The college's name "崇基" and its Motto "上於至善" are engraved on the emblem in Small Seal Script (小篆 Xiao Yan), a style of calligraphy originated in the Qin Dynasty, 3rd century BCE.



### College Motto

Chung Chi College's motto "In Pursuit of Excellence" (上於至善) comes from The Great Learning《大學 — Da Xue》, one of the "Four Books" in Confucianism. It is found at the last part of the opening sentence, 'What the Great Learning teaches, is to illustrate illustrious rirtue; to renorate the people; and to rest in the highest excellence.' (大學之道 在明明德 在親民 在上於至善) [English translation: James Legge]

The pursuit of excellence is an eternal endeavor. The College motto upholds the spirit of life-long self-improvement in humanity, and the humble and liberal attitude of "never assuming one has achieved perfection".



# 秦承徐氏





## Notice



### Rules and Regulations

- 1. Bring along with your crucial belongings all the time, never leave your properties in the classroom; if there is any lost, no any responsibilities will be taken up by the organiser.
- 2. Never conducting any water-related activities
- 3. No alcohol is allowed in the camp
- 4. No smoking
- 5. Never light a five in the campus
- 6. Any temporary leave requires the approval from committee members.
- 7. Follow the corresponding rules posted in activities renue

To quarantee all participants can have a fruitful experience in the orientation camp, please follow the above rules. If there is any problem or incident, please contact the committee immediately.





If freshmen are not able to contact helpers, please call:

Ocamp President: SIN Chun HIm (Sin) 9107 5865

Vice-President of the Department of Internal Affairs:

NG TSZ Wing (Siumaii) 5936 8366

Vice-President of the Department of Training:

KONG Ka Wing (Kathy) 5989 9801

Other contact numbers:

The Security Unit of CUHK: 3843 7999 The University Health Service: 3943 6439

If you encounter any harassment or discrimination in the Camp, please contact our Anti-Discrimination Ambassador:

CHONG HO Shun (Acton) 6718 1201 CHAN Lai Sze (Abice) 6979 7391 If you have any emotional problems, please contact our Mental Wellness Ambassador:

LUI Lam Wai (Cream)9013 5357

WU Hor Yuet (Baochiu) 5512 82077

Administrative Manager

MS: Amy CHENG 3943 6992

If you have any safety concerns about the camp, please contact our Safety Ambassador:

MAK Hin Yeung (Toilet Paper) 5407 0578

In order to ensure that all freshmen are haring a pleasant emperience in the Orientation Camp, please mind your safety and comply with the Camp Rules. Shall there be any concerns or accidents, please contact the Executive Committee members of 2022 College Orientation Camp immediately.

Emergency contact







#### President Ah Sin ELEG/4



Let's talk about something casual: In our Chung Chi Ocamp, you better play hard in our activities. We don't care if you are doing something crazy, the most important thing is that you are willing to play. In the coming three days, I hope to see you all! Hare fun! Anyways, I wish you all the best to enjoy the Ocamp with the people around you! Looking forward to seeing you all haring fun! See you at the Ocamp!

Internal Affairs VP SIUMAII SEEM/4



Training VP
KATHY NURS/3



Hello all freshmen! Welcome to the fun, exciting chung chi college! I am Siumaii aka Generiere(but no one can pronounce my name correctly:\$), the Vice President of Internal affrairs. Why is my nickname Siumaii?? If you wanna know, catch me if you can!!! ~(~~~)

During these three days, my committee members and I will be busy setting up the activity renues and preparing your meal we wish to make sure all of you will not be hungry and hot (0°0°)) Feel free to chat with me hehe><

As a freshman, this will be your first activity in Chung Chi College. Here you can find a lot of opportunities and activities to fill up your fruitful university life (I am a final year student now and I still take part in the executive committee. "[] In the new semester, you can join your hostel's orientation or ccfd! Chung Chi is a place that all will play hard and join different activities. So, enjoy the first activity in Chung Chi~!! See you: DDD

Good morning - Welcome to Chung Chi College!! I am Kathy, the Vice President of Department of Training. Nice to meet you all!! During these 3 days, you may recognize me walking around and "spy" you guys: >>> Don't hestitate and don't be sky! Come and talk to me!!! As a freshman, have you ever think of an ideal ocamp? To be honest, we may not exactly same as your thoughts but you are encouraged to actively participate in our ocamp and to find out the beauty of us ~ You will meet your best omates and counsellors ever here who are going to be with you in the coming four years

\ \★w\) Isn't it sounds great? Four years can be short for every of us, please treasure every opportunities and never regret! At the same time, Don't forget to plan for yourselves about future, though you may find it difficult. Being a student of CUHK, try to consider more and recognize yourselves. Now, it's the prologues of your journeies, be passionate and hopeful! Wish your all got a fruitful university lives and see you~

Mansuen VP Cream STAT/4



Hello freshmen. I'm this year's Mansuen (Recreation and Promotion Department) Vice President. I major in Ying Lin and minor in Morra of fire. Welcome you all for joining the chung thi family! There are many possibilities in chung chi. Want to live a hostel life? There are ten hostels in Chung Chi. After getting into any of them, whether you want to engage a lot or not, that's all up to you. If you're willing to join, you may as well make a group of friends who will stand by you for 4 years or more! Are you very good at academics? Chung Chi's got a lot of scholarships! Want to join college activities to make friends with people with different backgrounds? You can join activities like ccfd, Fu cup, ocamp, etc. Want them all? Then it depends on whether you're willing to give correspondingly! All in all, the opportunities are all given, whether you grab them or not all depends on you. No one can tell you what the model answer is But I'll encourage you to try, because every one of you can experience university life for only once. Don't regret after choosing your own path!

Now let's talk about ManSuen! We're prepared a lot of amazing programmes for you guys. Remember to be involved and enjoy! And remember to get along with our ManSuen Big brothers and sisters!

Hihi! Hello freshmen! I'm this year's Nikki executive, Longbun. I major in Ying Lin and minor in Big Two! I would like to firstly welcome you all for joining the Chung Chi family! Speaking of Chung Chi, most people will immediately think of the numerous activities, such as ccfd, Fu cup, different hostel activities, etc. Whether you participate in these activities or not, whether you had fun or not, you'll live in chung thi for four years or more Cherish the days in Chung Chi. Play hard if you want Study hard if want. You'll always find a group of like-minded friends in Chung Chi. The Great Treasure of Chung Chi is waiting for you to discover. How much you give to Chung Chi, how much you'll get from here. Don't make yourself regret! Entering the university, no one will teach you what to do. What's next step? Think by yourself, university students!

Enough of all that stuff, let's talk about Nikki! Nikki will be responsible for freshmen welcoming, treasure hunt and folk song (There's no "Up to the mountains" this year). Hope that all of you can enjoy the series of amazing and fun activities! Remember to run faster during the treasure hunt! Or else you will be at a disadrantage. And remember safety first. Don't injure yourself!

Nikki Longbun SEEM/4



#### Genki Botou PHPC/2



Hegggg!!! Hello our beloved FMBBS. Here comes our annual ocamp! My name is Botou. I major in Ying Lin, minor in fishing (sleeping). I'm this year's Genki executive. Did you all get enough rest last night? This 3-day day camp will be quite intense. But I know you guys can cope with it, because you guys already got through the more intense entrance exam, what more can challenge you? I would say that you are all the chosen ones. Not only do you guys entered CUHK, but also entered Chung Chi. This place is full of unknown treasures. During these years of school life, you can find your own treasure. The university life of every university student is different. The times are changing. We can't always follow the steps of our predecessors. But I believe that if we've willing to try, willing to take the first step, nothing is impossible. Every single one of us have the ability to create your own path and find your own university life!

Enough of all that Stuff, it's time to talk about my division, Genki. This year we've prepared two mass games for you guys. They are the intense Quidditch and the pacy Bowling. You'll definitely want to play more than once! Also, campfire dancing will be resumed this year, hope that you guys can enjoy dancing with our Mansuen big brothers

and sisters.



Hello our Chung Chi freshmen! I'm this year's Yshow executive, Bunsen. I major in Ying Lin, minor in Chinese Medicine.

I would like to firstly congratulate you all for finally getting through 3 years of online high school life and entering CUHK (although we might go back to online teaching again). I hope you all can learn something in this new journey. But if you asked me what I've learnt in these three years, actually I can't really tell what I've learnt exactly. What I went through in these 3 years are on and off hostel life, zoom lectures, etc. The only thing I'm entirely sure is that I've got a lot of unforgettable memories. For you guys, you can start from this ocamp, bit by bit, to gather your own memories. If you're willing to try, I can't promise what you can learn, but after some years you'll definitely got a lot of friends to have fun and play together. The years on university will never be wasted.

It's very fortunate that a 3-day day camp can be held this year. Although it's still not a full-scale ocamp, but it's already more complete than last year and the year before. Our Mansuen big brothers and sisters have tried their best to prepare a lot of things for you guys. Remember to mark them on your schedule to keep track of them!

one more thing, the pandemic situation is rolatile, so remember to keep your personal hygiene and take good care of yourself. Hope to see our freshmen fit and healthy in the coming year! By the way, there are fewer and fewer campus activities these years, hopefully the Fu cup would be held in the coming year so that seniors like me can join:

#### House Captain REX IBBA/2



Hello everyone who has entered Chung Chi College! I am the house captain of Clarice, Rem. Knowing that everyone has not emperienced Secondary school life during the two years of the pandemic and Zoom, it must not be easy for everyone to take the DSE emam and get into Chung Chi College. For now, it is most important to enjoy ulife. One hundred college students have one hundred kinds of life. The most important thing is to understand your own goals. Don't just follow the crowd blindly!

Looking back on the past year of college life, a lot of things have gone by in a blink of an eye. Therefore, you must learn to spend your time, make good use of the rarious resources that Chung Chi has, and get out of your ulife. I also hope that you will grasp the fate of your jobama, because Ocamp is only the beginning of the relationship. See the word drinking water.

When the ocamp is over, remember to make an appointment to get together! Except for having breakfast, lunch or dinner together, we can also reg assembly together, it's better to call me join also! Although I haven't been able to join the group for the past few days, I actually really want to meet everyone! So in the future, remember to call me to join your group gathering.

Hellooo freshman babiessss. I am the house captain of Leriathan! It was such a tough time for you guys over the past few years because of the pandemic. But you guys already done a great job! Having zoom lessons almost every day in your high school life and still got to fight for DSE is definitely not an easy job. But you guys did it. Moreover, you came to Chung Chi college, which is sooooo nice.

What's your ideal university life? Having fun every night in your hall? Working part time job as you have much more free time than before? Or studying courses that you are interested in and learn more about them? Nonetheless, I believe here in CC, no matter what your ideal u-life is, you can always find a comfortable and suitable one in here. Little more about myself, I like eating CC canteen a lot. So, if you see me there in the future, feel free to say hi with me! Don't be sky nd. I will definitely respond to you haha. We can chat more if you want toooon Enjoy the three days in this camp.

#### House Captain RONALD SOWK/2



#### House Captain Ar Long GRMD/3

#### House Captain Sivjoe CSCI/2



Hello every beloved fm!!!
I'm the house captain of Sempiternal Siujoe!
How are you guys? I'm fine thank you and you?
It's been a flash looking back at the preparation period of the CC orientation camp, where I started off with a dozen question marks on my head, to playing with my jobamas, to what's happening now! Hopefully, you would enjoy your time with sempiternal's jobamas along with playing with CC!

Don't fear entering university! There is a lot of stuff you could participate in during your uni life. Ever heard of the 'five things of uni'? This certainly wouldn't bore you! But as crucial as exploring different things, please also remember to have the courage to find things that suit yourself! As the house captain, I would say that being in society was a fruitful experience, and if it wasn't for the group of friends beside me, I would have suffered immensely lights. Looking through the year, a lot of ups and downs happened to me too, and made me learn a lot too. Just like me, there should be no fear for you; me and my jobamas would definitely support you guys, no matter what problems or worries you have!

If there was a word to describe us, I would definitely use the word "chill". Our jobamas are rery fit; they would always jam the big group room to play! We would sing karaoke and play board games together, and we have dozens of deep talks and conversations about life (ok also a lot of inside jokes kekekeke)

At first, a lot of us didn't have much idea of what jobama is, but as the training camps gathered us together, we got a better image of what we have to do, making me a happy happy bean. As much as we have our ups and downs during this time, we would always have the idea that we were a team, allowing us to solve different problems that we encountered. We would truly understand that you guys may be scared to ask us, but we are family!! We would help you guys solve your problems, provide our best advice based on our emperience, so feel free to ask us!



Hello everyone! I am Ar Long, the house captain of Ronin! Welcome to the Chung Chi Orientation camp 2022: This is the third year for me to participate in this camp. It all started from me participating as a freshman, then I became the core member last year, now, I am one of the members of the executive committee. My attitude changes as my identity changes. For this year, I hope that I could not only enjoy the camp and meet new friends, but also hope that the camp could be organised successfully. I wish that everyone will find this camp meaningful and fun.

During the camp, the helpers of Department of Training will accompany you in a rariety of activities including Main Theme, Group Activities of Ronin, Houses' Forum, Adventure and Hunting. Hope this camp helps you fit in at school and Chung Chi.

This camp plays an important role for all freshman to adapt to Chung Chi. You meet new friends and may find suitable roommates for the coming year to enjoy hall life together. Besides enjoying your hall life, you may also participate in different Chung Chi activities together in the following years, or even become one of the helpers of orientation camp in the year of 2023.

our university life is so precious which we should cherish the time we have in campus. Everyone has their own preference in how to spend these years in university. However, I would highly recommend all of you to try to participate more in different chung chi activities. I believe that you will make precious memories with all the friends you meet. By sharing happy moments and overcoming tough times together, you might even build life-long friendships. Why not try to step out of your comfort zone and give it a try? Even though you may have both happy moments and times that you might find it suffering, for me, I really had a great time and developed good friendships in these activities. Moreover, I even tried things that I have never ever tried before, for example in Adventure 70, we made decorations for our own haunted house together. My leadership skills improved after participating in this activity, what's more, I even learnt how to use a wood saw while I made a light wall with my friends!

Hope you all have fun in these three days and hope to see you all in the upcoming chung chi activities! Feel free to chit chat with me whenever you're free! I'm a nice guy haha, so just feel free to find me whenever you like!

### Human Resources Toilet Paper FNSC/3



Publication
CHUR COMM/3



Helloooo everyone, I'm the Human Resources (Sponsorship and camp Affairs) for this year ocmap. You can call me kkkkmakk, aka toilet paper = w) /· First of all, welcome you to the family of Chinese University of Hong Kong. Chung Chi college is a fun place! Have feel!!!! As a CUHK crazy man, I don't like to talk so many old man stuffs, I just want all of you can enjoy this ocmap and play hard as you can!!! : D. During 4 years of university life, just do whatever you want to do. Some of you might want to play throughout these 4 years, some of you might want to attain a high apa, no matter which type of person you are, there must be someone in chung this supporting you As 100 people have 100 different kinds of university life, so lets gooooo. Hope everyone can find a place in Chung Chi that suits you the most. Hope you guys will say hi to me when you see me in Chung Chi. Hope everyone stays healthy and drinks more water!

Hiti freshman babyssss <33 im chur:)) The gurl who once said she won't be designing stuff, but end up sleep deprived again from designing this yr \*sigh\*:,)) To put my Uni life in one word: HECTIC, yet full of surprises. Here, we are given infinite opportunities to discover ourselves, so im pretty sure you'd find yourself doing stuff that you couldn't imagine now. Anywayyyy, just rem this campbook and the sourenirs your got is designed by me (late night hustle:o)) Please dun throw those away T-T Hope you have a good time here and see you in CC!!

Main Theme Sea Monster BMSC/3



Secretary JOYCE PSYC/3



Financial Secretary
ALICE SOCI/4



My name is Acton, or you could call me Water Monster or Sea Monster lob. It is the 3rd year for me to organise Chung Chi College Orientation Camp, it is a amazing and wonderful journey for me! And I believe that this year should be the "Final Episode" for me as a university student! However this year is the first episode for all of you! Enjoy the university life in Cuhk and seize the life in Chung Chi College, I believe it should be an amazing one for all of you! And hope you guys will enjoy this year Maintheme and hope you guys will lore it!

hellooo nice to meet you all (  $\nabla$  ) It's our pleasure to have you all joining chung thi ocamp!! Hope you all enjoy the camp and be able to take away precious memories between you and chung chi( ) To me, chung chi is a unique place in which I have a strong sense of belonging. You would soon find chung this pecial, be it people, activities or culture. Additionally, we truly hope that you all can feel our enthusiasm for the camp as well as our care for all of you considering the fact that all ocamp committee members and helpers have worked days and nights and devoted much time and energy just to prepare the best of themselves and the camp for all of you, please we are going to have a very packed schedule, please take good rest at night!! We would be thrilled if you could have the incentive to join ocamp again next year to pass on the college tradition and spirit ( ) Last but not least, we wish you all good health and high gpa!! \(\(\cdot\cdot\cdot\cdot\cdot\cdot\))

Hi guys! I'm the financial secretary for this year, in another words, the master of tea is in the committee. Major in cc ocamp! You can call me Alice and my new nickname is fishball! Being a gofer in the committee, I am responsible for all financial issues. But at the same time, I am a leng nui from mansuen also haha: 3 ( well, actually I have to organise ccfd, handle my ccfyp and major fyp also(w) what a busy life, sometimes I think I am a superwoman that doesn't have to sleep, but for an ordinary humankind, I'm still afraid of being bored ( ) anyways! Welcome to Chung Chi!!! Here is a big family! Hope you enjoy the activities we prepared for you these days. While ocamp is just a grand opening of your fruitful university life. As a master of srg jong (professional organiser of school activities), I strongly recommend my dearest freshman babies to cherish every chance of organising different school activities. (Though you have to remember to take care of your academic work too haha:3) Btw, the most important thing is that you enjoy your university life and try to take more from these 4years!! Love u guys: 333



#### Structure

The Department is formed by a Vice-President and 4 House Captains who are all Executive committee members of the orientation camp. Every Big Group is formed by 18 student helpers, 6 of which are core student helpers. There will also be 6 small groups under every Big Group, with 2 helpers and 1 core helper in each small group.

Aims

1. Illustrate the structure and mechanism of the department to all members of the Department of Training, including Executive committee members of the camp and student helpers, hence helping them to understand their roles and work 2. Boost understanding of communication skills and situation of the Chung Chi College among House Captains and student helpers. 3. Foster friendship among Executive Committee

members and student helpers as well as to culture team spirit within the department through training activities.

4. Train the abilities of House Captains and student helpers on illustrating the theme of the

Orientation camp to freshmen.

# Theme of Training 2022



郊





This year's four major groups are composed of the four characters "阜翊震聯". These four words revolve around hope and blessings for the new life. Freshmen are not only just entering university life, but also just grown up. They face a lot of confusion and hesitation, or even bewildered about their role in life. This year, we hope to give new students a direction through the four characters of "阜翊震聯", so that they can think about their upcoming university life.

"单"(Ho) means pure white and bright, just like the bright moon shining in the sky. The message is that the freshmen can be like "皞", be open-minded and have a clear conscience. At the same time, we also hope that they can make good use of the resources provided by Chung Chi, to participate in different activities to equip themselves well, and later be able to serve and give back to Chung Chi and the society, just like the moon receives sunlight and selflessly illuminates the earth at night.

"IT" (Yik) means soaring. We hope that every freshman can seize the development opportunities in Chung Chi, cherish every opportunity to learn and grow, seize the opportunities in the next four years, and hope that all new students can shine in their posts in the future and make full use of their strengths. Just like a majestic bird spreading its wings in the air.

"氮"(Wang) refers to the appearance of water flowing, quiet and deep, and can also be further interpreted to mean bottomless. Every new student has endless, untapped potential. The counselors can play an active role, observe and appreciate their ideas more, and help the new students to establish self-confidence and find their own development direction. At the same time, water is the source of life. It nurtures nature and flows endlessly. Just like Chung Chi will nurture every new student and make them future social pillars.

"\mathcal{h}" (Hei) means dawn and hope. The ocamp plays an important role in the adjustment of freshmen to university life. The training department hopes to give them a reliable image, and at the same time serve as a role model for freshmen to learn and rely on, just like leading them to the dawn, step by step towards their goals. At the same time, we hope that all freshmen will actively participate in the activities of the college, and while enjoying university life, they will also bring new sparks and breakthroughs to Chung Chi-

Even if the new students face challenges such as changing environment and identities, as long as we work together to help them, we will be able to turn crises into opportunities. The Chung Chi family will be their safe haven and backing to help freshmen achieve their goals.





Once upon a time, there was a house keeper aka cleaner—Ah Rem, who liked scrambled eggs with tomatoes. One day, he had a sudden thought: why don't the eggs of this dish could not be the onsen one? Therefore he put some raw eggs into a hot spring, and planed to fry it with tomatoes a few days later. At that night, a falcon flied across and laid 18 eggs into the spring from the sky. In the second day morning, Ah Rem took those eggs mistakenly back to his home and got ready for cooking. When he was about to beat the eggs, all 18 eggs hatched and recognised Ah Rem as their mother. Being guilty of taking away others' child, Ah Rem determined to bring them back to their parents and embarked on a long journey full of unknowns.

Over the past few chaotic years, 2022 doesn't seem a lot different from them. But not for Ronald, who considers this year as the most important year of his life. In late May, Ronald found a dragon called 'leviathan' in the sky. In order to capture it, he had to accomplish a mission: More on from the past quilt and look forward for the future. As a guy who highly ralves the past rather than the future, this surely is a tough task for him. Therefore, he had found 18 guys who are good at moving on from the past to help him. After training from day to day, Ronald finally finds his way to drop the bad memories. When the summer begins, Ronald shares leviathan with his 18 friends and fly around the world...but guess when willthey get back on the ground?





once upon a time, an explorer was unintentionally rummaging through the bushes of a deserted island as a normal expedition where he suddenly observed a weakly glazing object. Upon further inspection, he realised that it was no random feather- in fact, it was faintly radiating on its own, as if granted a piece of its broken soul, yet delicate as a silky cobweb. The emplorer gently picked it up, admiring its delicate nature when he then found another weakly glazing object in the far distance. This picked up his interest, walking towards that light only to find another fragile feather. Again picking it up, he was continuously finding different traces of glowing feathers, picking it up as if he was in a trance; those feathers were hypnotising the explorer to continue his adventure to a grand discovery.

In no time, he was able to discover 18 feathers, until he suddenly observed a phoenim in a distance. No, it was not in its exhaustive state; he was sick, very sick. Almost at a state where he was heavily injured, on its last breath. The feathers were chanting at this point, telling him to save the injured phoenim. The explorer was running towards the waters where the phoenim was located, assisting in its flight towards Ma Liu Shui.

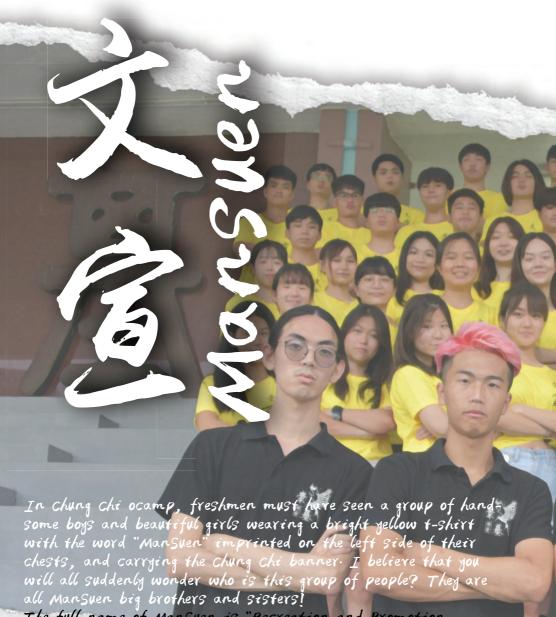
However, on its flight to Ma Liu Shui, the employer used up all his might, to a point where he was not able to assist the flight of the phoenim, by the time he was dropping the phoenim down, he was not able to safely descend him down, causing the phoenim to fall in a 'thump', killing them both instantly, causing a stream of chaos around the place. A disturbing flow of silence doomed the area, mourning the loss of such a brare employer and the

fall of a mighty creature.

As the crowd were mourning the disaster, suddenly a ball of energy was passed to the centre of the chaos. Gradually, enough energy was gathered in the remains of the disaster, where the corpse of the emplorer and phoenim suddenly floated in the air. Strands of energy blasted towards the phoenim slowly but steadily, the feathers in the hands of the emplorer floated towards the phoenim, covering up and recovering the injuries on its creature, piecing the phoenim back, allowing a rebirth to occur. As the phoenim recovered, the crowd observed, as if a miracle happened in front of their eyes. After the rebirth of an astounding immortal, it flew into the far distance, nodding back to the crowd as a last farewell.

once upon a time, there was a ronin from Mars. Somehow, he stumbled and fell onto your Earth. He wandered around in your Earth and met many new people. Yet, they all told him that Earth was dangerous and he should go back to Mars ASAP. He has met Fire Ga Ga, a frog, an elephant, a lion, and last but not least a bald samurai. That samurai took him to a mountain. Inside that mountain, there was a temple, with a monk The monk told him a story: once upon a time there was a mountain. Inside that mountain, there was a temple with a monk suddenly, the monk sang, "Only you, can take me to get the scripture from the West Heaven. Onnnnnlllllyggggg youwwww." The monk then proceeded to take him to get the scripture. "One must first gather 18 crabs in order to get the scripture," said the monk. Thus, on his way to the West Heaven, the ronin deliberately stopped by a beach coincidentally, he witnessed Moses parting the Red Sea and found 18 poor little crabs wandering around, homeless. Therefore, he took the 18 crabs with him on his journey to the West. They walked day and night, and finally reached their longed destination, only to find out that the scripture is inside a temple. So, they went and sit inside the temple and whenever the sun rises, the crabs would go like, "Yuuuuuuuu....". Thus, the birth of Ronin and the 18 silly crabs.
Those 18 silly crabs will carry on their journey, gathering more and more freshmen to become silly crabs and together they shall embark on their journey for the scripture.





The full name of Mansuen is "Recreation and Promotion Department". Our Mansuen big brothers and sisters are responsible for entertaining everyone and promotion! Let's talk about promotion first. If you came to the CUHK Orientation Day and entered the Chung Chi classroom, it is our Mansuen big brothers and sisters who answered your questions about Chung Chi, so that all freshmen can understand the good place of Chung Chi!

As for recreation, the three dirisions of Mansuen, "Nikki", "Genki" and "Vshow" will bring endless joy to everyone during the three days of ocamp! Nikki is in charge of welcoming, treasure hunting and "up to the mountains"; Vshow is in charge of making a wonderful short film; Genki is in charge of two mass games. Mansuen implements the spirit of "entertaining others and entertaining oneself". In addition to making the freshmen have fun, it is more important to exchange the helplessness, embarrassment and pain of freshmen for our happiness, hahal If you feel the same way in these three days, then our mission has been successfull Finally, please prepare yourself, warm up, stretch your muscles, and play with ManSuen big brothers and sisters!



What emactly is Nikki responsible for? Our Nikki babies will prepare two major activities for the freshmen in the 2-day ocamp: welcoming and treasure hunt! It is rumored that there will be a big brother who looks like a Super Saizan, and will lead the Nikki babies to tour Chung Chi with you all I hope everyone can devote themselves to Big 0 through this activity, and most importantly, have fun!





Entering Chung Chi will never make you bored! You can see a rariety of diverse and fun soceities and activities that you can experience one by one! This novel and exciting large-scale fake market event is full of surprises. If you are complete with both academic and martial arts skills, how can you miss this interesting welcoming event?



Legend has it that Chung Chi has four babies with different characteristics. Each of them has their own representative color and is also a little deril who is in our hearts. The time to appear is daytime, and the time to hide in the mountains is the night. When the they got awake, they were looking for their favorite strawberry milkshake. If they didn't drink the milkshake, they would be so hungry and stupefied! In order to satisfy the four hungry babies, you must successfully challenge the hiding places of the four babies within the specified time, so that you can get the power of the sun to summon the belly ware. That's how you can tap out the precious treasure (strawberry milkshake) and use energy to wake you up in the real world. Is there a group that can pass the test and turn on the belly ware together?

# 统攻 GENKI

curious about how is Genki in the past? I would say that it's a great atmosphere accelerant every year! In the past, Genki was responsible for the preparation of three Mass Games, such as Angry Bird: FM used a launch pad to shoot into many targets. Quidditch: FM drops the Quaffle into the gantry with the broom between his feet. Table Fooball: FM can only more laterally in the table football, and compare the number of goals scored. Two big groups compete on the same field. It is a best-of-three game. The winning group will win prizes and the Genki shield! In addition, we will also teach FM the campfire dance. We will also sing and dance together. Our Genki helpers will prepare two mass games for freshmen, which will be held on the second night of Ocamp. After that, on the last night, all FMs and helpers will gather in CC can to dance campfire together, pushing the atmosphere of Ocamp to the highest level.

This year, we will join hands with the treasure hunt to become two checkpoints in the treasure hunt. We will prepare two mass games for FM to play: Quidditch and Bowling. The number of people is fewer than before, but the scale of the game continues unabated! Let's wait and see!





If I were to sum up this year's Vshow in one sentence, I would say that it's a group of cohesive people who made a wonderful short film and played it to the freshmen on the first night of ocamp.

Vshow is different from other drama clubs, because our scale is limited, so there is no detailed dirision of labor. Every year, there's no designated position for the helpers, and the only requirement is to devote themselves to their work and enjoy it. Every year people have different talents, and each year's rshow is tailor-made for this group of people, so each year's rshow is unique.

The MainTheme Department is formed by I executive member and 8 core members. They all aim for a perfect MainTheme!

In 2022, there is a dramatic and wonderful change in Chung Chi College Orientation Camp, which is the birth of New Generation MainTheme. MainTheme 2022 is different from previous years. Interesting and meaningful storyline and plot is introduced, rarious games and events are included and chances to have dialogues and know more about your buddies are provided. There will be amusing moments, meanwhile deep reflections will be conducted also! Let's review the past, seize the present and be positive for the future! Through MainTheme, we will know each other better. And so, we surly will have a happy and meaningful time!

Chapter 1: Back to the Past . Chronicle

Episode 1: The Multi-Past

Episode 2: Seize the Chance! Change the Destiny!

Episode 3: The Stories Behind Sceneries

Chapter 2: Seize the Present

Episode 4: Own Present-Unique Footprints
Episode 5: Treasure the Moment-Select Your Path

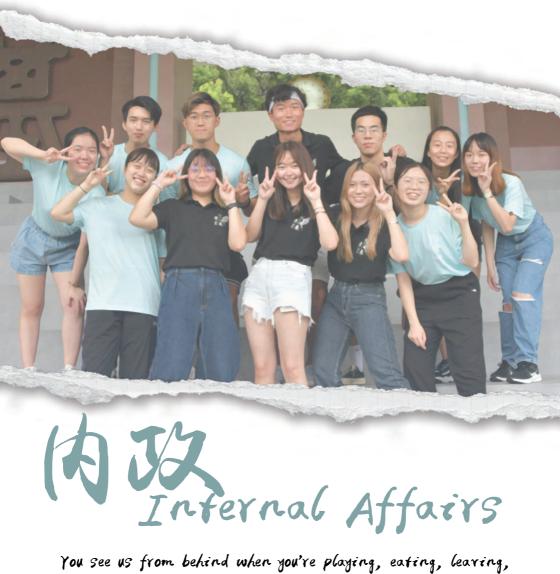
Chapter 3: The greatest Future

Episode 6: Sing for All the Time!

Episode 7: Future connected with Memories and Present

Episode X: The Unknown Future! Buddy Go!





You see us from behind when you're playing, eating, learing, but never from the front. Why? Because we, the department of internal affairs, is in charge of things before events start and after events end! From the venue you used, food you ate, the t-shirts you wore, to the camp book you're currently reading, are all managed by us! Hehe!

Although we may come and go quietly, a little "thanks" can definitely light up our hearts if you ever run into us~







# Chung Chi Folk Song

我地係崇基你知客知?最好嘅餐生係嘅度,一句常任你地走,真他書院你温唔到! 温唔到!

We are CC don't you know?

Best of students ever known.

Leading the way all the time.

Other colleges how to find!

How to find!

How to find!

How to find!

# Chung Chi Beat

新書院聽唔到! 崇基! 男仔! 崇基! 女仔! 崇基!

一齊! 崇基!

我地係! 崇基!

## 成吉思汗 (Campfire)

HOO HA HOO HA HOO HA HOO HA (MUSIC)

**创沙之中追追程程** 彼此熱烈在歌唱

HOO HA HOO HA

久識擔憂 掉跤飲酒 彼此面上盡歡暢

HOO HA HOO HA

奔奔跑跑沙丘上 烏壯牛強 威威伽伽馬背上 胸襟閉朗 我高聲歡呼 我是熱與 光 HOO HA

※Dchingus Dchingus Khan 生工怕 死不怕 天工怕 天生美勇 Dchingus Dchingus Khan 心向上 心向上 心向上 堅心向上 我決意他智徒 WA HOO HOO HOO 大地任我問蕩 WA HA HA HA 又可阻擋 我顧獨額 一方 HOO HA

repeat※ ス可阻擋 是我想(力量服四) 並(方) HOO HA HOO 播灣頭、猪店腳、豬店腳 拍手X8

\*抹评X4(右手先)

麦又手,打開手腳

网网X4(右网网、右网网、右 网网、右网网)

麦叉车、打開手腳

蛙式X4 自由式X4(后手先) 雙手播齊向前伸直X4、單腳 實手播齊向前伸直X4、單腳 向左跳 會左跳 伸右手、膊頭、指、哈

repeat※ 向外推手(后左) 指自己(后左) 移動后腳(前後)拍手X3

## 青春修煉手册 (campfire)

(Music)

Repeaf # 經常會想 長大多好 有些事情卻只能想像 想說就說 想做就做 為了明天的自己該奪

# 原t也别的

右左右左跳 十字步 右轉轉拍、左轉轉拍\*2 拖手向前行

右手掂右鞋、著衫 (面對parfner)男指手錶、鞠躬/女 指戒指、行禮 摸胸、大隻佬 步操,左手畫圈

右撥、太陽 左撥、網parfner\*2 雙手撥、向下指\*2 挺手向前行、指自己\*2、大開手

Repeat # 摸頭、攤手 同partner拍手\*2、右手指頭+搖頭 講嘅。舉右手 向左下收手、左右擊奪

Repeat \* #

Repeat \* #

## Para Para Sakura (campfire)

(MUSIC)

Ah Come Come Come Come Nan Sakuya

\*加櫻紀 盛開到落下 像尾音短促 你有感覺嗎 >加嘴巴 外觀吻合吧 会上它 合作嗎 二進一 願 意嗎\*

mi ni ko i sakuya ah e oh come and dance with me mi ni ko i sakuya ah e oh come and dance with me 乖乖酷地失 乖乖酷地失 come and dance with me

Repeat \* #
mi ni ko i sakura ah e oh
come and dance with me
mi ni ko i sakura ah e oh
come and dance with me\*3

原地舉高手慢慢轉 猪腳拍手似4(后邊先) 右至左雙手后顧 由后至左雙手大喊

\*右手打圈 右上至左下滑下 左手打圈 左上至右下滑下 右手遮嘴 左手遮嘴 擬開手 含十手 與partner擊奪 交換位置

#車輪轉至右上 Shake 支叉手 地心心 Shake落發 恆蓋手 左至右撞車 上至 Y字

右V左V 車輪轉 下摺 上摺 頭上拍手~2 拍膊頭~2 V字 后V左V 車輪轉 下摺 上摺 頭上拍手~2 拍膊頭~2 V字)~3

## 短额 (campfire)

(MUSIC)

越打X8(左上右上左下右下) 抹汗X8(右手先) 洗手X4(右手先) 切菜X4(右手先)

面上 充满着熱望 興奮地看看 心息急 速跳盪 抹评X3(右左右) 快速抹评X3(左右左)

路上一切加幻象 興奮沒法抗 尖聲高 聲叫嚷 挥手X3(右左右) 快速挥手X3(左右左)

※歡呼似是熱凍 醉意令人加租 同結律越長街 軍官者 令夫都是來日 這快樂求延長 同籍同租敵天快高 意態半醉更放

十字寺(右邊先) 雙手向右播去右邊 雙手向前播X3(左中右) 十字字(右邊先) 掩打X8(左上右上左下右下) 渣渣 吹吹吹吹

齊齊醉 煩惱盡忘 齊齊醉 仇怨盡忘 熱閉仿似夢境那樣 浪漫仿似夢境那樣

周圍勉

图月光 图日光

車輪拍拍拍(右上)、車輪拍拍拍(左

誰人能將酒喝光※

后手除帽、管腰 二人繞手轉圈、留意音樂拍手轉方 向

(music)

拍牟X8

repeat \*

(MUSIC)

repeat \*

(MUSIC)

人龍

# 戀愛ING (campfixe)

陪你熬夜 聊天到爆肝也沒關係 陪你避街 避成扁平足也沒關係 超感謝你 讓我重生 聖個O-R-Z 讓我重新認識 L-O-V-E! (L-O-V-E! L-OVE!)

戀愛ing happy ing 心情就像是 生上一台喷射機 戀愛ing 改變 ing 改變了黃昏 黎明 有你 都心跳到不行

你是空氣但是好開勝過了空氣你是陽光但是卻能照進半夜裡 水酸載舟 也能煮粥 餵飽了生命 你就是維他命 L-O-V-E! (L-O-V-E!L-OVE!)

戀愛ing happy ing 心情就像是 生上一台噴射機 戀愛ing 改變 ing 改變了黃昏 黎明 有你 都心跳到不行

(Music)

来来年来月 某日某時 某分某行 某人某地 某種 永遠的心情 ス質を記此刻 L-O-V-E! (L-O-V-E!L-O-V-E! L-O-V-E!L-OVE!)

戀愛ing happy ing 心情就像是 生上一台喷射機 戀愛ing 改變 ing

改變了黃昏 黎明 有你 都心跳到又行 黃昏 黎明 墊個都戀愛ing 指對面聽電話 摸肚 麦叉手 猎步 麦叉手 指對面 麦叉 舉高 Shake落黎 拍兩下手 LOVE 望新LOVE

指心心 (面向Partner)笑面 前Shake 後Shake 右手 左手 衝前階後。 指放。 指心心 (面向Partner) Fing繩 前Shake 後Shake

路低起身送心收翻着UFing

后Fing 左Fing 后供起身 翹手順時針轉 訓教 右划 左划 摸肚腩 面向Partner 拍兩下手 LOVE 望新LOVE

(向前)指心心 (面向Partner) 劃笑面 前後Shake 右手 左手 衝前階後 前階後 指心心 (面向Partner) Fing繩 前後Shake 路低 起身 送心 收翻 亂Fing

向后原地猎芋 向左原地猎芋 向后後退弹吉他 向左後退弹吉他 拖手向前走+指高手 拖手向後走粉

攤手收手腰 Pat Pat 摸頭 舉高手

面向Partner 拍兩下手 LOVE 望新LOVE Love Love

找公公(面向Partner)劃笑面 前後Shake 右手左手衛前 错

拶心心(面向Partner) Fing繩 前後Shake 路低起身送心收翻亂Fing 路低起身 kiu手 兩個拶心

# Promotions







CCSU\_CUHK

#### Q 崇基學生會 CCSU





#### 崇基學生會 CCSU



Send Message

Hi! Please let us know how we can help.

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#### 崇基學生會

University

香港中文大學第七十一屆崇基學院學生會

The 71th Student Union of Chung Chi College, CUHK 會址:香港中文大學龐萬倫學生中心四樓崇基學生會會室

linktr.ee/ccsu70 See Translation

Following ~

Message



### The 71st Chung Chi College



What is the 71st Promotion? Our department will be working together to turn the Chung Chi Campus into a sci-fi atmosphere, promoting the 71st Chung Chi College Founders' Day Student Festival We will also build a big Chung Chi College Flag for our dearest Chung Chi-ers for photo taking. Other than that, we will perform dance shows in different activities, "demonstrating beats" and the "Chung Chi Folk Song" What are you waiting for? Come and join us in the 71st Promotion!



What do you think hell is like? If you are curious about that, come and join the adventure 71 at CC Canteen! We will provide you a trip to hell and ROVENTURE send a chill down your spine. See you in the hell!



The Campus Run is finally back after two long years! The theme of this year's Campus run is going to be Rick and Morty: The multiverse. The very second you step onto the Lingnan Stadium, we will bring you on a fantastic journey through all the infinite universes. Join the great adventure with Rick and Morty. Don't forget to sign up for the out of this world experience!

CAMPUS.









### Founders' Day Student Festival

24th - 28th Oct



Welcome to CCFD 7!! We are the department of design & publishing. For CCFD7!, we are going to set up a photo-taking night. We are looking forward to a brave and innocent soul and inviting you start the novel journey to a whole new world!



▶ Where is the land beyond the eye that people cannot see? Where is the path to Wonderland? Over the hill or here or there? ▶ Situated at Pond Crescent, the 71st Carnival will celebrate our college anniversary with the theme of "Alice in Wonderland". Come and join us in dancing, preparing decorations and souvenirs, or designing game booths for our fellow Chung Chi-ers. We can't wait to see you!!!



DARTU

In your mind, what does party mean? Do you wanna spend one day with your friends, forget all the nonsense in your boring life? Enter a brand new universe without anyone knows? Come and join party 7!! Dress up yourself, create your own virtual icon. Get up into a fancy spaceship to META, spend your time with us like the real world doesn't exist!



Thousand people feast held every 10 thousand years. Only the best adventurer can join the feast. Adventurers with talents compete with each other to win the fantasy award. Does it sound amazing? We can't wait to see you. Come and join us!





Itighest and greatest gratitude to the following parties, for supporting us to organise the orientation camp

Chung Chi Student Oxientation Committee
Chairperson

Dr. WONG Ka Lok Edmund

Secretary

Mr. CHAN Chung Kan Kenji

Members

Professor CHAN HO Yin Edwin

(Dean of Students)

DY. CHEUNG Mei Chun Jane

(College Secretary or representative)

The Rev. KO Kwok Hung Pele

(College Chaptain)

MS. Amy CHENG

DY. HON Suet

Dr. LEE Wai Ying Joanna

DY. LI Chun Hong

Dr. SZETO Wai Man

Professor LAM Yu Hin Gary

Professor POON Kwok Ming Paul

Professor WONG King Shui Phyllis

Professor YUEN Yuet Mui Celeste

Thanks

4

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## DAY 1 (29/8 MON)

09:30-10:00

Gather

10:00-11:15

opening cum welcoming

ceremony

11:15-11:30

Transit

11:30-12:45

STOT

12:45-12:50

Transit

12:50-15:30

Lunch/Mass game(1)/ Mass game(1.5)/Transit

15:30-17:30

Maintheme 1

17:30-18:15

campfire-practising

18:15-18:30

Snack + Drink

18:30-18:35

Transit

18:35-19:05

Variety show

19:05-19:20

ccsu Time

19:20-19:40

CCMUA & ISA

Time

19:40

Dismiss

0 5 0 K U S

### DAY 2(30/8 TUE)

11:30-12:00 Gather

12:00-13:30 Maintheme 2

13:30-13:35 Transit

13:35-17:50 Lunch/photo time/Mass

game(2)/Artfair(1)/transit

17:50-18:00 Transit

18:00-18:15 Snack

18:15-18:25 Treasure hunt

A Genki's Briefing

18:25-22:10 Treasure hunt

a Genki

22:10 Dismiss

DAY 3(31/8 WED)

11:00-11:30 Gather

11:15-12:00 Campfirepractising

12:00-14:00 Maintheme 3

14:00-14:05 Transit

14:05-17:15 Lunch/Artfair(2)/Mass game (3)/Mass game (1.5)

17:15-17:35 Transit + Snacks

17:35-18:20 house's forum

18:20-19:20 Campfire

19:20-19:25 Transit

19:25-21:25 Closing ceremony

21:25 Dismiss

